

The Zoomies

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JACK'S JOURNEY

Journey a Hound's Road to Recovery with Help from MiraVista and More

BEYOND THE BIO

How Honest Profiles Help Hounds Find Forever Homes

HOUND APPROVED FAVORITES

THE 3-3-3 RULE

Helping Your Adopted Hound Settle In

WHEN YOUR HOUND FREEZES ON WALKS

How To Help Them Move Forward

Editors's Note



As we roll into a new season, we're proud to share another edition of Zoomies filled with highlights that reflect the heart of our mission — compassion, teamwork, and second chances.

This issue's Cover Model, Jack (aka JD), embodies that spirit. From a challenging medical journey to a joyful adoption, his story highlights the incredible partnerships behind every success.

You'll also find a piece on the power of honest adoption profiles and how they help our hounds find the right fit, plus a thoughtful look at rehoming and how it's sometimes the best path for both the dog and the adopter.

Whether you're a longtime volunteer, a new adopter, or someone cheering us on from afar, we hope this issue reminds you how impactful your support truly is.

Warm wishes,

Elise and Maverick

Elise 



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The Zoomies

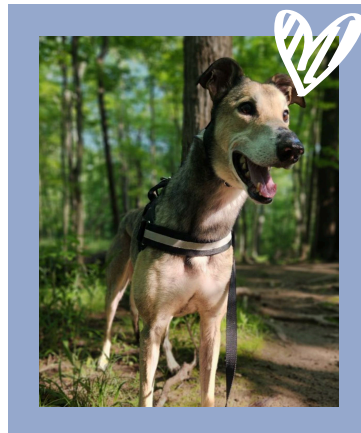
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ON THE COVER

Our Zoomies Cover Model, **Jack**, is a greyhound lurcher with a story of resilience. From field trial racer to beating blastomycosis, read about his journey to adoption on **page 4**



Jack's Journey

A Hound's Road to Recovery, with Help from MiraVista and More

When Jack — a greyhound lurcher known as JD and who raced under the field trial name Jack on the Fly began showing unusual nasal symptoms, his field trial owner suspected allergies. But as Jack's nose became increasingly crusty and irritated, it became clear that this wasn't just a common cold or seasonal reaction — it was something more serious.

Just like all the field trial lurchers that Prison Greyhounds adopts out, Jack was originally retired to our partner, the American Lurcher Project (ALP), in Celina, Ohio. ALP handles the initial boarding and vetting for these hounds in collaboration with Celina Animal Hospital. That's where Jack was first examined by Dr. Roth, who began exploring potential causes and provided his initial care.

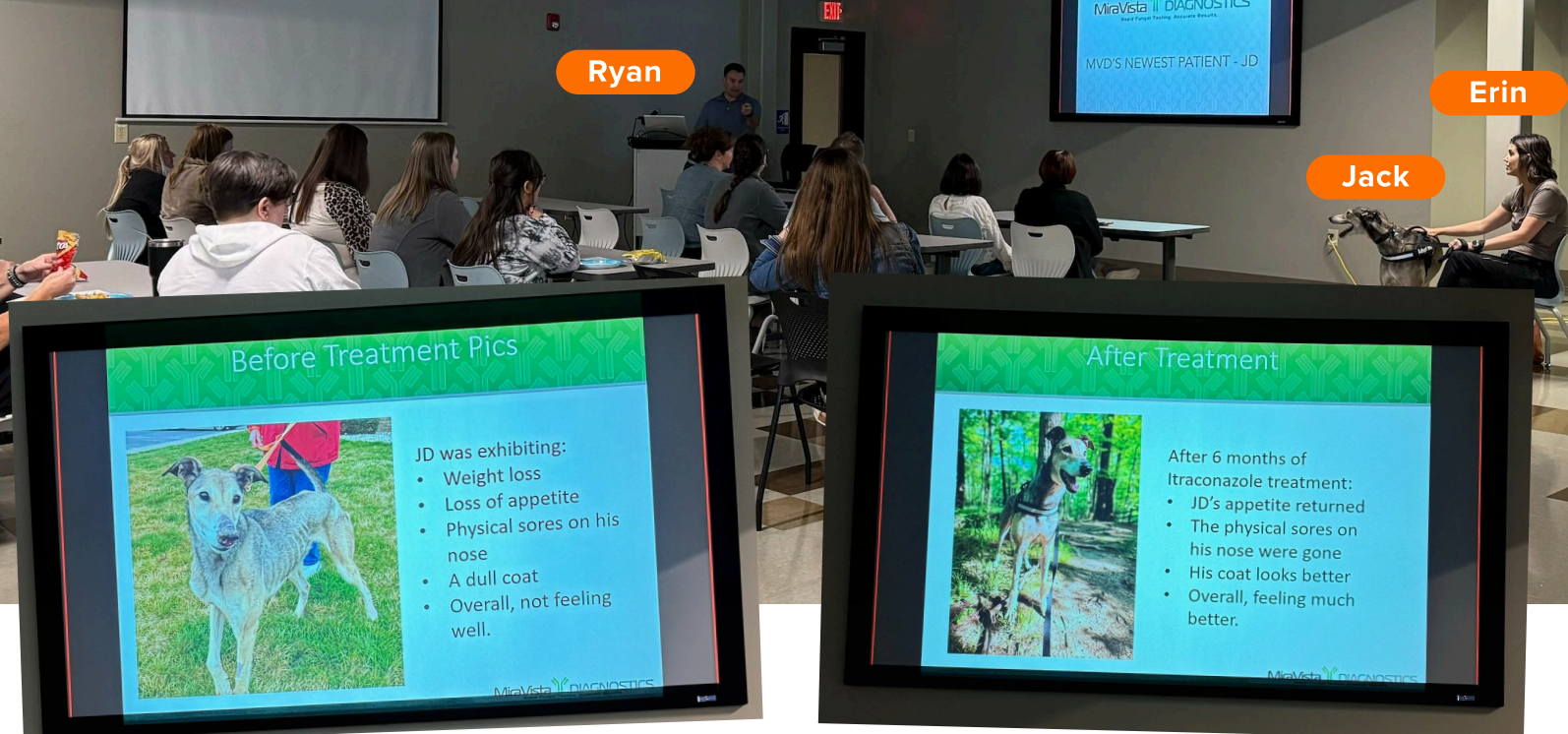
When Jack's condition didn't improve, further testing was needed. That's when his journey led to MiraVista Veterinary Diagnostics, a national leader in diagnosing Blastomycosis, a serious fungal infection. Fortunately, Fortunately, MiraVista is located in Indianapolis — the same city where Jack was already headed to enter a foster home through Prison Greyhounds.

Diagnosing the Mystery: What is Blastomycosis?

Blastomycosis is a fungal infection that dogs — especially curious sniffers like Jack — can pick up from contaminated soil, most often in the southern U.S. It begins in the lungs and can spread to the skin, eyes, or bones. Because the symptoms often mimic other illnesses, it can be difficult to diagnose without specialized testing.

Jack's case was particularly stubborn, with the infection attacking his nasal passages and causing severe discomfort. Fortunately, the American Lurcher Project, with the help of volunteer Vicki who recognized Jack needed specialized medical care, took him in and ensured he received attention right away.

Dr. Roth at Celina Animal Hospital suspected Blastomycosis based on Jack's symptoms and his previous experience treating another dog from the same area. He sent a



▲ At MiraVista's Lunch & Learn, Ryan (a MiraVista scientist and Prison Greyhounds volunteer) shares Jack's medical journey with staff, while Foster Director, Erin and Jack listen nearby — showing how one hound's recovery helped educate and inspire others

sample to MiraVista Veterinary Diagnostics, where the infection was confirmed. Jack was placed on a six-month treatment plan of daily Itraconazole, an antifungal medication.

During those six months, Jack was cared for by a series of dedicated foster homes in Indianapolis, who made sure he received his medication and plenty of support. When treatment was complete, Dr. Roth recommended follow-up bloodwork and a urinalysis to confirm the infection had cleared. Dr. Carter in Carmel, Indiana assisted with the final round of testing, which was again reviewed by MiraVista.

Thanks to early suspicion, expert collaboration, devoted fosters, and consistent care, Jack was successfully treated — and his nose fully healed.

MiraVisit Lunch & Learn Spotlight: Jack's Journey

Jack's story didn't end with his recovery. In a special "Lunch & Learn" event at MiraVista, Jack returned, not as a patient but as an ambassador. Foster Director Erin and her husband Ryan (a key Prison Greyhounds volunteer and coincidentally a scientist at MiraVista) picked up Jack from his foster home and escorted him to the event. But this wasn't just any visit. It was the most well-attended Lunch & Learn MiraVista had ever hosted.

Ryan led a presentation about Jack's journey:

- How Jack came to Prison Greyhounds.
- The symptoms that led to his diagnosis.
- The collaboration between veterinarians, his foster home, and MiraVista.
- His triumphant, blasto-free outcome.

Jack gets some love from the MiraVista team after sharing his story.





Ready to Make a Difference? Join Our Network!

At Prison Greyhounds, it takes a team to help a hound — and we're always looking for more team members. You can help by:

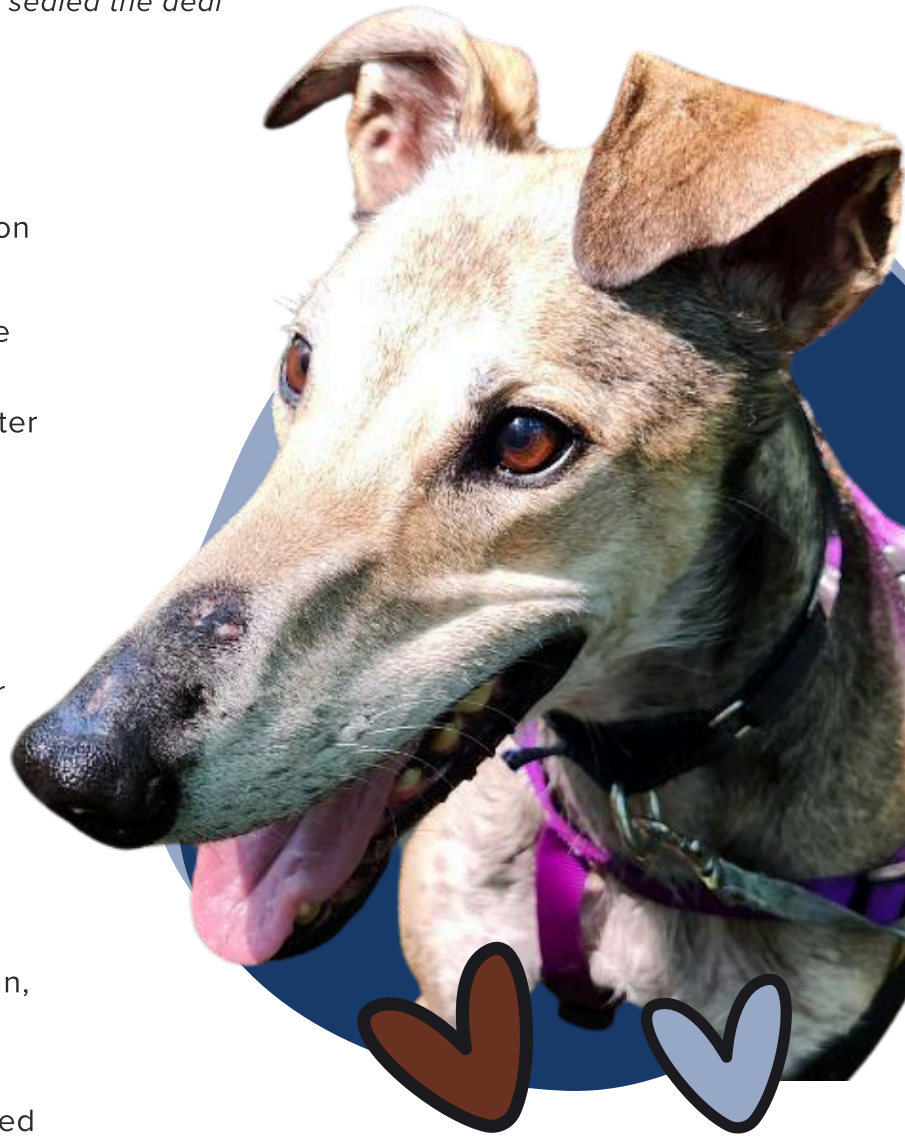
- **Becoming a Foster Home:** Provide a safe space for hounds to recover and grow.
- **Volunteering Your Time:** Help with events, education, or home visits
- **Donating:** Support ongoing medical care and enrichment for hounds.

▲ Jack meets his forever family on his 8th birthday — the same day his adoption was finalized. After months of treatment, foster care, and recovery, this leap sealed the deal

Why Partnerships Matter

Jack's story is just one example of how Prison Greyhounds works with veterinarians, diagnostic partners, dedicated fosters and volunteers to ensure our hounds receive the best possible care:

- **Veterinary Care:** Dr. Roth and Dr. Carter provided skilled medical care and ongoing support.
- **Advanced Diagnostics:** MiraVista Veterinary Diagnostics provided specialized testing to confirm his condition.
- **Foster Support:** Jack's multiple foster homes — including Foster Folks Erin, Jan, and Carol — ensured he was comfortable, received his daily treatments, and had a loving environment to heal
- **Dedicated Volunteers:** Vicki, a volunteer with the American Lurcher Project (ALP), along with Erin and Ryan, ensured Jack was never alone on his journey. Each played a unique role in making sure he received the medical care, comfort, and advocacy he needed every step of the way — with ALP's support being instrumental in getting Jack the help he needed early on.



HOUND-APPROVED FAVORITES



PetSafe EasySpot Harness

An adjustable, padded harness with a built-in top handle that provides a secure, comfortable fit while reducing neck pressure.



Safari Dual-Sided Shedding Blade

This gentle grooming tool removes loose fur without irritating sensitive skin, is easy to grip and clean, and is perfect for weekly use.

PRISON GREYHOUNDS 
... beyond the race.
Greyhound and lurcher adoptions



Rehoming: A Second Chance for the Right Match

Rehoming. It's a word that can feel heavy — even misunderstood. Some people hear it and imagine a sad, unwanted hound or a family who gave up too soon. But that's not the full picture. At Prison Greyhounds, we've learned that rehoming is not always a bad thing. In fact, sometimes it's the best thing for everyone — especially the hound.

Understanding Rehoming: It's About Fit, Not Failure

Imagine meeting someone and feeling an instant spark. But as you get to know each other, you realize you're not compatible. Maybe you love quiet nights at home, and they crave constant adventure. Or maybe they turn out to be early risers while you're a night owl. The same thing can happen with hounds.

Sometimes a hound enters a home that seems perfect at first, but as they settle in, their personality or needs become clearer. Maybe they're more anxious than expected.

Maybe they struggle with young kids or don't get along with the resident cat. Or maybe they need more time and patience than a family can give. None of that makes them a "bad hound." And it doesn't make their adopters "bad people." It just means the match wasn't right.

Why You Might See a Familiar Hound Again

If you follow us on Facebook or Instagram, you might notice a hound that was previously adopted appearing back on our adoption posts. Don't be alarmed — this doesn't mean they are a "bad" hound.

Rehoming is simply part of our commitment to finding each hound the right home, not just any home. Sometimes, it takes a second (or even third) try to find that perfect match. Our goal is always to prioritize the well-being of the hound.

When Rehoming is the Right Choice

Rehoming isn't a failure — it's a decision to give a hound another chance to find the perfect fit. Here are a few times when rehoming can be the best choice:

- **The Hound's Needs Change:** Medical conditions, anxiety, or age-related issues may require a calmer home or specialized care.
- **Family Circumstances Change:** A move, a new baby, stressful divorce, or a health crisis can impact your ability to care for a hound.
- **Behavioral Challenges Surface:** Some hounds reveal their quirks after the "honeymoon period," and it may become clear that they need a different environment.
- **Other Pets Aren't a Match:** A hound who is fine with cats in a kennel may show a high prey drive at home. Or they may become anxious around another dog's energy.
- **Emotional Mismatch:** Hounds are sensitive and often pick up on their human's stress or anxiety. If you're feeling overwhelmed, your hound may mirror that energy — creating a feedback loop that isn't healthy for either of you.

The truth is, the goal of adoption isn't just to place a hound in any home — it's to find them the right home. Sometimes that means trying again.

Need help navigating the early stages of adoption? See our "3-3-3 Rule" on page 12 to better understand the adjustment period.

Real Stories: When Rehoming Found the Right Fit

At Prison Greyhounds, we've seen it firsthand. A hound who was too nervous in a busy household found peace in a quiet, single-person home. Another who struggled with young children blossomed in a home with older adults who adored her.

Even hounds who are rehomed two or three times can still find their perfect match — and

when they do, it's worth it. Because they're finally in a place where they can thrive.

In some cases, what may look like anxiety is actually a sign that a hound isn't getting the mental or physical stimulation they need. This is especially true for younger or more active dogs. While anxiety medication can be beneficial in some situations, it's also worth considering whether the current home environment is truly meeting their needs. A new home may provide the structure, activity, or calm setting that helps a hound feel more at ease.



If You Need to Rehome, We're Here to Help

If you ever find yourself in a position where rehoming might be the best option, please reach out to us. We're not here to judge — we're here to help. Our team will work with you to understand your situation, guide you through the process, and ensure your hound has the best chance of finding a home where they'll truly thrive.

Remember, being a responsible hound owner isn't just about keeping them at any cost. It's about making decisions that are in their best interest — even when that means making a difficult choice. At Prison Greyhounds, we believe that rehoming, when done thoughtfully and with support, can be an act of love — not shame.

Beyond the Bio

How Honest Profiles Help Hounds Find Forever Homes



Finding the Right Hound Starts with Understanding Their Story

For some adopters, it's love at first sight when they walk into a meet-and-greet, lock eyes with a wagging tail, and it's an instant connection. But for many, the spark starts long before they meet face to face. It begins with a story. Or, you might say, it starts with a profile — like a dating app, but for hounds.

That was true for Jack's adopters. After being rehomed a couple of times, Jack's journey wasn't simple. Yet his detailed profiles became his voice, helping his final adopters understand his personality and needs. They kept returning to his Facebook posts, reading updates about his progress, quirks, and personality. The more they read, the more they recognized themselves in his story. They thought, "Maybe we're the right people for him."

They saw Jack was handsome, goofy, and a little anxious. He needed a stable home — something they could provide. It felt like getting to know him long before they ever met him. And when they finally met Jack? He walked right up to them and gave them a classic greyhound lean. That was it. They knew.



Prison Greyhounds

May 22 at 7:46 PM · 🌐

Hero "Tesla" - April showers brought May flowers. Tesla loves flowers! This greyhound lurcher has a lot of spunk! She could do well in a multi-dog family, even with small dogs or puppies. But she is also happy just playing by herself and her toys. Tesla would thrive with children who want to play, she's very active. She loves to run. Tesla weighs 55 pounds. Her birthday is 6-28-2014, so she is 10, almost 11. She likes to get pettings from the staff. But honestly this red headed spit fire just prefers to get into mischief over standing still or cuddling up to be loved on! She really loves to get out and just run. She is a true puppy at heart. Warning: Tesla is also a cookie monster! (Hero Hounds are retired greyhound lurcher donors from our partner, The Veterinarians' Blood Bank. They entrust us with their retirees, so we can help these happy, healthy, senior hounds find the life of retirement in the luxury of a home! The Hero Hound adoption fee is \$200. Fenced yard required. Hero Hounds are not cat tested, they have never been around cats. But our experience shows they are ALL cat tolerable with no prey drive. They are fully vetted and the adoption fee covers microchipping.)



Why Profiles Matter: More than Just Looks

Jack's adopters didn't just fall in love with his sweet face, but they also fell in love with his story. And that's why we write detailed, honest profiles for every hound. Think of it as a dating profile for finding a four-legged soulmate.



Each profile goes beyond basic details like age and weight. It captures:

- ♥ **Personality:** Are they shy, playful, affectionate, or independent?
- ♥ **Energy Levels:** Are they a couch potato or more active?
- ♥ **Favorite Activities:** Do they love squeaky toys, sleeping, or snuggling?
- ♥ **Behavioral Quirks:** Are they nervous around new people? Do they need another hound for confidence?
- ♥ **Special Needs:** Medical conditions, dietary needs, or training tips.



▲ *After a long journey and a couple of rehoming experiences, Jack finally meets his forever family — proving that the right match is always worth the wait.*

But how do we know all this? It's thanks to our dedicated foster homes. Our fosters provide weekly updates, capturing each hound's true personality as they settle in. These updates are more than just notes — they're a window into the hound's world.

For Jack's adopters, those updates were everything. They read about his recovery, his need for calm environments, and his affectionate nature. Those posts turned a curious glance into a confident choice. A well-written profile helps you make an informed decision because it's not just about finding a hound you love — it's about finding a hound who can thrive with you. In Jack's case, it took nearly a year to find the right match, but the wait was worth it.

Finding the Right Match for You and Them

Reading a hound's profile isn't just about learning who they are — it's also about reflecting on what kind of hound would truly fit into your lifestyle. Just like choosing a match on a dating app, it's about finding the right fit:

- Are you looking for a calm, easygoing hound or an active, playful buddy?
- Can you provide a quiet, stable home?
- Are you experienced with hounds who might need extra patience?

A well-written profile is your guide — helping you choose a hound whose personality and needs align with your life.



Want to Meet Your Perfect Match?

Follow Prison Greyhounds on Facebook and Instagram for heartwarming stories, detailed profiles, and available hounds. Your perfect match could be in our next Facebook post.

Visit our website: PrisonGreyhounds.org

3 - 3 -3 Rule

Helping Your Adopted Hound Settle In



The **3-3-3 Rule** is a simple guideline to help you understand what your hound might experience in the first 3 Days, 3 Weeks, and 3 Months after adoption.



First 3 Days Decompression

What to expect

- May hide, sleep a lot, or avoid interaction.
- Might not eat or drink much.
- May have accidents in the house.
- May not respond to commands or engage in play.

What to do

- Provide a calm, quiet space with minimal stimulation.
- Keep your routine simple and consistent.
- Avoid visitors, outings, and overwhelming activity.
- Allow your hound to approach you on their terms.



First 3 Weeks Settling In

What to expect

- True personality starts to show.
- Might test boundaries or display mild behavior issues.
- Begins to learn your schedule and household rules.
- May show signs of attachment or become more curious.

What to do

- Stay consistent with structure and routines.
- Begin gentle training and positive reinforcement.
- Establish boundaries kindly and clearly.
- Reach out to our adoption team if you need help.



First 3 Months Building Trust

What to expect

- Your hound knows the household routine.
- Trust and affection are developing. Your hound is studying you.
- Training and communication are improving.
- Behavior stabilizes, and your hound may become more confident.

What to do

- Continue using praise and rewards.
- Reinforce desired behavior with patience.
- Be open to ongoing learning and growth.
- Celebrate the progress you've made together!



Remember: This is a general guideline — every hound is unique, and some may take more or less time to adjust.

WHICH TYPE OF HOUND ARE YOU?

Take this quiz to discover which hound personality best matches you!

It's a sunny Saturday afternoon. What are you most likely to do?

- a** Curl up with a good book or movie
- b** Explore a new place, even if it's just a neighborhood you've never seen
- c** Call up a friend and plan something fun
- d** Relax in a quiet park, watching the world go by

Your perfect day would include

- a** A slow, relaxing morning and some cozy downtime.
- b** Trying something new or taking a spontaneous trip
- c** A mix of social time and some solo moments
- d** A peaceful afternoon journaling or sketching

When you meet new people, you typically

- a** Observe quietly until you feel comfortable
- b** Jump right in with a friendly smile
- c** Stay close to someone you know but warm up over time
- d** Take your time, letting them get to know you on your terms

What's your ideal comfort food?

- a** Something warm and familiar — your go-to dish
- b** A fresh, hearty meal with bold flavors
- c** A fun snack you can share with friends
- d** Something a little fancy — you've got good taste

How do you prefer to spend a quiet evening?

- a** Cozy on the couch with a blanket
- b** Taking a relaxing stroll around the neighborhood
- c** Chatting with a friend or scrolling social media
- d** Relaxing with a warm drink and your thoughts

Karaoke starts at a party—what's your move?

- a** Cheer from the sidelines
- b** Grab the mic and pick your favorite throwback jam
- c** Duet with a friend — safety in numbers!
- d** Pretend to check your phone... but secretly enjoy watching

Pick a dream vacation

- a** A cozy cabin in the woods
- b** Backpacking through a new country
- c** A beach resort with friends and group games
- d** A historic city where you can wander



Mostly A's: The Laid-Back Lounger

You're just like our calm Hero Hounds or NGA hounds. You love a cozy spot, a predictable routine, and quiet companionship. You're the perfect couch buddy who knows the value of rest.



Mostly B's: The Adventurous Explorer

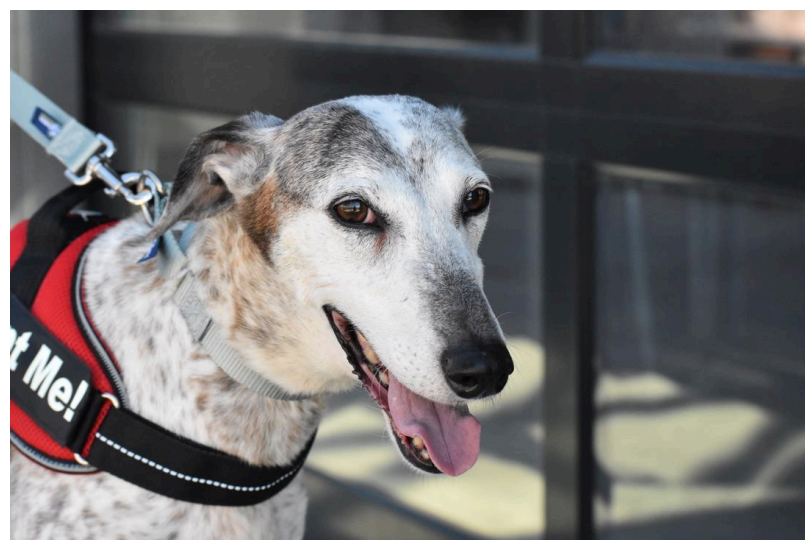
You're like our energetic lurchers or young hounds — always curious, ready to explore, and eager to experience new things. You love a good adventure, whether that's hiking a trail or discovering a new park.



Mostly C's: The Social Butterfly

You're a friendly and adaptable hound at heart. You love connecting with others and are the life of the party, but you also appreciate a little solo time when needed. You get along with just about everyone.

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Mostly D's: The Reserved Observer

You're like our shy or timid hounds who need time to warm up. You enjoy your space and prefer to get to know others at your own pace. But once you trust someone, you're a loyal friend for life.



When Your Hound Freezes on Walks

How to Help Them Move Forward

It's a scene many greyhound adopters know too well — you're out for a walk, and suddenly, your hound stops. Their body stiffens, their eyes dart, and they refuse to move. This response is called "freezing," a common reaction for greyhounds when they feel overwhelmed. But don't worry — there are ways to help.

Why Do Hounds Freeze on Walks?

Freezing is your hound's way of coping with something unfamiliar or scary. It's a natural response that helps them process their surroundings. But understanding why it happens can make all the difference.

Some of the most common causes include but not limited to:

- **New Environments:** Many greyhounds may have limited exposure to non-racing environments — things like city noises, busy sidewalks, bicycles, or unfamiliar surfaces can feel overwhelming at first.
- **Loud Noises or Sudden Movements:** Sirens, passing trucks, or even fluttering leaves can be overwhelming.
- **Sensory Overload:** New smells, crowded areas, or other dogs can cause stress.
- **Unfamiliar Gear:** Some hounds may freeze if they're not used to wearing a harness or coat, or if the fit feels strange. (Lurchers, in particular, seldom need coats and may react differently to wearing one.)



Recognizing Freezing Behavior

Sometimes, freezing is obvious — your hound locks in place and refuses to move. But other signs may appear first:

- Tense body posture
- Ears pinned back
- Downward or tucked tail
- Avoiding eye contact or looking away
- Trembling or slight shivering

How to Help When Your Hound Freezes

When your hound freezes, they're not being stubborn — they're scared or overwhelmed. Your calm response can make all the difference.

- **Stay Calm and Be Patient:** Speak softly and avoid pulling on the leash. Your hound takes cues from your energy.
- **Redirect with Positivity:** Use treats, a cheerful voice, or a favorite toy to encourage movement. Remember that when a hound feels overwhelmed, they may not respond to treats immediately. Patience and a gentle, encouraging tone can be just as effective in those moments.
- **Practice the U-Turn Command:** If your hound seems overwhelmed, gently turn around and walk the other way.
- **Change the Environment:** Avoid crowded or noisy areas until they build more confidence.
- **Give Them Time:** Sometimes, letting them stand still and process their surroundings is the best solution.





Building Confidence Over Time

Freezing doesn't mean your hound will always be fearful. With patience and positive experiences, they can become more confident.

- **Practice in Calm Areas:** Start with quiet, familiar routes before exploring new places.
- **Reward Bravery:** Celebrate even small steps with treats or praise.
- **Stay Consistent:** Regular walks, routines, and gentle guidance build trust.
- **Build the Bond:** Over time, your hound learns to trust you. They begin to understand that you'll protect them — that you have their back and won't put them in situations where they feel unsafe.



Need Support? We're Here to Help

If your hound's freezing becomes frequent or is paired with severe anxiety (barking, growling, or trying to escape), it may be time to consult a trainer who uses positive reinforcement. Our Prison Greyhounds team can recommend experienced trainers familiar fear free and force free techniques.

Freezing is your hound's way of saying, "I'm not sure about this." But with your patience, understanding, and gentle guidance, they can learn to take those next steps with confidence.



Prison Greyhounds' Merch!

Proceeds go directly to fund retired greyhound and lurcher adoptions!



+ Available in Adult and Youth Sizes!



TIE DYE



VISIT

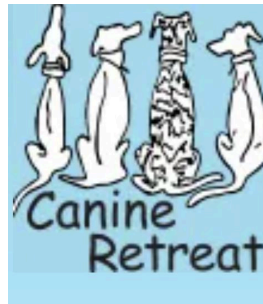
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The End!